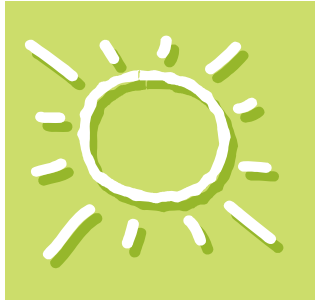




LSD/LSVI Weekly Menu July 19 - 22, 2010



	<i>Breakfast</i>	<i>Lunch</i>	<i>Supper</i>
Monday	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Sausage Bagels Apples	Red Beans with Sausage Steamed Rice Seasoned Turnip Greens Buttered Rolls Mixed Green Salad Chocolate Pudding Apples	Burritos with Cheese Sauce Spanish Rice Buttered Corn Chocolate Pudding Apples
Tuesday	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Scrambled Eggs Hashbrowns Oranges	Vegetable Beef Stew Steamed Rice Seasoned Green Beans Buttered Rolls Combination Salad Ice Cream Oranges	Salisbury Steak with Gravy Mashed Potatoes California Blend Vegetables Buttered Rolls Strawberry Shortcake Cups Oranges
Wednesday	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Link 'n Dogs Bananas	Tuna Fish Macaroni & Cheese Seasoned Zucchini Sliced Bread Green Salad Cookies Bananas	Rib B Ques Baked Beans Italian Blend Vegetables Hamburger Buns Cookies Bananas
Thursday	Orange Juice / Apple Juice Assorted Dry Cereal Buttered Toast & Jelly Oatmeal Pot Luck Assorted Fruit	Beefaroni Seasoned Broccoli Hot Rolls Tossed Salad Ice Cream Assorted Fruit	

Milk Choice is available at every meal; punch is available with supper.